

# STUDENT STARTER KIT

*At UCSB we want students to have the resources they need to be successful and healthy. We encourage you to use these resources to your benefit. For more information visit [food.ucsb.edu](http://food.ucsb.edu)*



## FOOD

### CalFresh

CalFresh gives students more purchasing power through a federally funded nutrition assistance program. Qualify for monthly food benefits up to \$194 per month. For more info go to: [tinyurl.com/calfreshucsb](http://tinyurl.com/calfreshucsb)

### A.S. Food Bank

The A.S. Food Bank provides registered undergraduate and graduate students with fresh food, produce and toiletries, with mobile food distribution available as well. <https://foodbank.as.ucsb.edu>

### IV Food Co-op

Co-op Basics are high-quality items at affordable prices. Look for the “co-op basics” logo to find deals throughout the store. <https://islavistafoodcoop.blogspot.com>

### Greenhouse and Garden Project

GHGP welcomes students, faculty, and staff to maintain their own garden with members having access to the greenhouse, tools, and much more! Contact [ghgpucsb@gmail.com](mailto:ghgpucsb@gmail.com)

### Food, Nutrition and Basic Skills

Learn to cook, eat well and stay on budget through free hands-on workshops and food demonstrations. A calendar of workshops is available online. <http://food.ucsb.edu>

## FINANCIAL



### Financial Crisis Response Team

Reach out if you are facing financial difficulties, the FCRT helps connect students to various resources. Contact: [financialcrisis@sa.ucsb.edu](mailto:financialcrisis@sa.ucsb.edu)

### UCSB Student Financial Guide

Helpful tools accessible online for managing your money as well as a complete list of all of the available financial assistance around campus. [tinyurl.com/student-financial-guide](http://tinyurl.com/student-financial-guide)

### Office of Financial Aid and Scholarships

Read the Financial Aid Matters Guide for tons of helpful tips regarding UCSB financial aid. Visit: <https://tinyurl.com/financial-matters-guide>

### AS Community Financial Fund

Offers Financial Literacy Workshops and Emergency Financial Assistance for UCSB students: <https://cff.as.ucsb.edu>

### Social Work Services

1-on-1 assessment and resource connections. <http://studenthealth.sa.ucsb.edu/behavioral-health/social-work>

### Veterans Resources

Provides top-notch customer service to all veterans, service members and their families during every step of their journey here at UCSB. [www.sa.ucsb.edu/veterans](http://www.sa.ucsb.edu/veterans)

### EOP Resources

Have unusual educationally-related expenses? Students of the Educational Opportunity Program have access to grants and other services. <http://eop.sa.ucsb.edu/services/grant>

## HOUSING



### Community Housing Office (CHO)

CHO can assist with housing placement, relocation, roommate dispute and other critical issues. [www.housing.ucsb.edu/cho](http://www.housing.ucsb.edu/cho)

### Isla Vista Tenants Union (IVTU)

IVTU is a student-run service that provides guidance and advocacy for tenants' rights. <http://ivtenantsunion.com>